



SDAA Newsletter

November 2025

This newsletter is formed from reports from members of the Selsey Dementia Action Alliance.
The meeting was held on 25th November 2025 at The Beacon Church.
To find out more about any of the items, contact: sdaa@selseycommunityforum.uk

Chairman's Report:

Mike Nicholls opened the meeting and welcomed everyone. Apologies were accepted.

Selsey Golf Club will be donating money to us in 2026 for the dementia work.

Mike is counselling a lady, Carol, whose sister has dementia. Carol finds the carer role very demanding.

Report by Karen Halford:

Karen has been very busy with a number of Respect documents to complete. The surgery is promoting these and encouraging patients to sign up.

Housing and Money Support has also been very busy.

Karen is counselling a family where the son is allergic to daylight.

Report from Sussex Grange Home Care – Corinna Forsdike:

Homecare are doing Christmas Crafts with their clients.

The private clients are going well.

Report from Sussex Grange Residential Care – Kellie Barker:

It has certainly been another busy month in the care home, in addition to our regular firm favourite activities with Sharon, Craig and our trips to the shops.

We have had our annual Christmas card competition, all entries are now in, we're just waiting for the judges to announce the winner of this year's Christmas card. Stay tuned.

Although it was cold, we still managed to enjoy a lovely evening watching our Fireworks display, this was such a lovely evening spent with our residents, our friends and family.

Getting ahead of the festive season, in preparation to be able to eat all the sweet treats available, we've been keeping our minds and our bodies fit, well and healthy with mobility & mindfulness with Sarah and our G-Fitness with Charli sessions.

Working closely with the CPN team to support one of our residents, unfortunately the CAIT (Communication and Interaction Training) is no longer available. We have however been supported with some resources from a former CAIT trainer.

We all tuned in to remember the occasion and watched the remembrance Sunday parade.

The Beacon church have been in. That's always such a big engaging session in the lounge.

A group of our very own former Delia Smith's got together for a Sussex Grange big mince pie bake off!

We have acknowledged the men in our lives for International Men's Day, recognising the very special men in our lives with the perfect goodie bag tailored for them.

We are exceptionally busy with our day care guests, most of our availability is booked up with our regular guests, we do have a Wednesday session available. We do have a vacancy in the care home (this is on the first floor).

Things to look forward to:

We have the therapy Donkey visiting on the 2nd of December

Our Christmas Tree will be arriving on 5th December

Christmas Party

Christmas Jumper Day

'Festive Coffee Morning and a Festive Afternoon Tea Session'

Carol Service

Report from Karen Pirks:

The hubs - Thursday afternoon in Bracklesham - drop in.

The Chichester Hub takes place every week.

Robins is being facilitated by Karen Halford and Karen Pirks.

Report from Deirdre Timney - Alzheimer's Society:

They are planning a Christmas party which will hopefully be on 17th December.

Venture Club:

Mike Beal is finding that there is more tolerance among it's members of those living with dementia.

The Care Pod (Previously known as The Buddies):


Chantelle updated us with the news that they are in the process of increasing their opening hours and will be sharing the new schedule next week. Chantelle is also pleased to share that The Care Pod recently passed their Environmental Health inspection with 5 stars!

They have also started their CQC registration and will keep everyone updated as they move through the process.

The Friday Group is now full.

Any Other Business

There was no other business.

 **Next Meeting:** 27th January at 5.00pm at the Cabin, Beacon Church.